



LUNCH

Monday December 5th

Beef goulash– with onions, diced potatoes
and paprika
Vegetable and bean casserole (V)

Mashed potatoes
Green beans
Baked tomatoes with herbs
Assorted salads

Apple and apricot puff pastry pie
Fresh fruit and yoghurts



SUPPER

Monday December 5th

Lamb lasagne
Vegetable lasagne (v)

Spicy wedge potatoes
Peas
Braised fennel and tomatoes
Assorted salads

Crème brulé
Fresh fruit and yoghurts



LUNCH

Tuesday December 6th

Pork steak "Milanaise"-Parmesan and bread crumbed topping with a ham and mushroom sauce
Vegetable stir-fry (v)

Boulangier potatoes
Savoy cabbage
Glazed carrots
Assorted salads

Treacle tart and custard
Fruit & Yoghurts



SUPPER

Tuesday December 6th

Thai red chicken curry-with mushroom, new potatoes and green peppers
Quorn and leek bake (V)

Coconut rice
Sweet corn
Assorted salads

Apple malvern-hot apple and meringue
Fruit and yoghurts



LUNCH

Wednesday December 7th

Pasta bolognese bake
Mushroom Bourguignon– Served
with Buttered Pasta (V)

Peas and carrots
Cauliflower cheese
Assorted Salads

Winter Fruits with Dumplings
Fruit & Yoghurts



SUPPER

Wednesday December 7th

Prawn and Haddock Gratin– Topped with
Sliced Potatoes, Cheese and Tomatoes
Courgette and lentil gratin(v)

Home made chips
Sweet corn
Stir–fried courgettes and garlic
Assorted salads

Chocolate and Orange mousse
Fruits and yoghurts



LUNCH

Thursday December 9th

Sweet and Sour Pork
Pasta Napolitano (V)

Assorted Salads
Egg Noodles

Roasted peppers and red onions
Cabbage with garlic and sesame seed oil

Rice pudding- with a raspberry sauce
Fruit & Yoghurts



NO SUPPER

Thursday December 9th



LUNCH

Friday December 9th

Goujon of plaice and scampi -tartar sauce
Deep fried mushrooms (v)

Chips
Carrots and peas
Broccoli with a cream sauce
Assorted salads

Walnut and apricot pudding
Fruit & Yoghurts



NO SUPPER

Friday December 9th



NO LUNCH

Saturday December 10th



NO SUPPER

Saturday December 10th



NO LUNCH

Sunday December 11th



NO SUPPER