

Spiritual Direction Conference - Sunday workshops

Commemoration and Creativity with Teresa Holmes-Thompson

We will use our creativity to honour the memory of a significant person, or event arising from our personal faith histories. We will focus the imagination to develop commemorative artwork. It is hoped the workshop might extend personal creative experience and also be useful to those with pastoral oversight.

Doing Justice to Spirituality with Barbara Doubtfire

This workshop will be highly experiential and participatory. Our purpose will be to explore dimensions of a just and inclusive society and to make connections between contemplative life and social justice. We will use resources to help us re-enter our personal story, our inner and outer experience of injustice, and to become more aware of where the soles of our feet can take us when we leave here.

Ways of Prayer with Peter Ball

At least part of the ministry of spiritual direction is concerned with a person's spirituality. In this practical workshop Peter will introduce his map of the many different ways in which people pray. The intention is to provide people who accompany others with a simple geography of the practice of prayer which they can use as a background pattern as they listen to those who come to them. We look at the place of words and systems, of liturgies, of thinking, Bible reading and meditation, of feelings and emotions, imagination and fantasy and of silence and contemplation. There will be plenty of space for private reflection and the opportunity to work in pairs and small groups.

Liturgy and Ritual and Spiritual Direction with Kathryn Turner

At various points in our accompanying of others, we become aware that some way of marking a moment or stage of the journey could be helpful. At other times, we realise that words are failing us and our directee, and something other is needed. This workshop explores some of those moments. We will explore the links between liturgy and spiritual accompaniment and reflect on ways of incorporating the use of sign, symbol and ritual into our ministry. There will also be opportunities to share experience from our own practice and to offer ideas that have worked for us - and which may inspire others.

Session Preferences

Delegates will have a choice of one Saturday seminar, one Saturday afternoon excursion and two Sunday workshops.

To help our planning, it would be helpful to note your preference though firm choices — with the exception of tower tours which must be booked in advance — will be made on Friday night.

Saturday seminars (please tick one)

- Using the Bible in Spiritual Direction
- Teaching Spirituality As An Academic Subject
- Telling the Story of Anglican Spiritual Direction in England

Saturday afternoon excursions (please tick one)

- Salisbury Cathedral tour
- Salisbury Cathedral tower tour
- Salisbury Cathedral Close walking tour
- Walk to Bemerton to visit St Andrew's (church of George Herbert)**

Sunday workshops (please tick two)

- Commemoration and Creativity
- Doing Justice to Spirituality
- Ways of Prayer
- Liturgy and Ritual and Spiritual Direction



